

Fees

- *Drop-in: \$18 per class*
- *5 Class Pass: \$75*
- *10 Class Pass: \$145*
- *20 Class Pass: \$265*
- *New Students to Rising Sun Yoga 30 days Unlimited pass : \$45*

- ***For Mom & Baby, Prenatal, Tot, and Family Yoga Contact (613) 290-9973***
- ***All Prices Include HST***



Fall 2017



Fall 2017

September 1 – December 23

Rising Sun Yoga

Wellness. Health. Balance.

View our latest schedule at www.risingsunyoga.ca

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	STUDIO EVENTS
<p><u>12:00 – 1:00 pm</u> Pilates Lynne</p> <p><u>5:45 – 7:00 pm</u> Kundalini Yoga Mary</p>	<p><u>10:00 – 11:15 am</u> Gentle Hatha Yoga Jen</p> <p><u>1:00 – 2:15 pm</u> Restorative Yoga Amber</p>	<p><u>9:30 – 11:00 am</u> Mom & Baby Yoga (Sign Up Required) Marlys</p> <p><u>12:00 – 1:15 pm</u> Kundalini Yoga Marlys</p> <p><u>5:45 – 7:00 pm</u> Prenatal Yoga (Sign Up Required) Marlys</p> <p><u>7:15 – 8:30 pm</u> Hatha Yoga Kat</p>	<p><u>10:00 – 11:15 am</u> Hatha Yoga Jen</p> <p><u>2:00 – 3:15 pm</u> Gentle Yoga Margie</p> <p><u>5:45 – 7:00 pm</u> Yin Yoga Amelia</p>	<p><u>9:30 – 10:45 am</u> Kundalini Yoga Teacher Rotation</p>	<p><u>9:00 – 10:15 am</u> Kundalini Yoga Amber</p>	<p>Contact Studio at (613) 290-9973 For more information</p>

14 Mill Street, Heritage Court, Almonte

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